



St. Thomas the Apostle Catholic Church
Sacrament Exam
Confirmation and Eucharist

Confirmation

- **Why is this sacrament called Confirmation?**
 - Confirmation strengthens and completes the graces we received at baptism.

- **What is the essential rite of Confirmation?**
 - The minister uses his hand to anoint with Sacred Chrism and says, "Be sealed with the Gift of the Holy Spirit."

- **What are the effects of Confirmation?**

Confirmation brings an increase and deepening of baptismal grace:

 - makes an indelible mark on our soul
 - roots us more deeply in God's family
 - binds us more firmly to Christ and to the Church
 - increases the gifts of the Holy Spirit in our soul
 - gives us special strength to witness to the Christian faith

- **Who can receive this sacrament?**
 - Only those who are baptized can and should receive this sacrament.
 - To receive the full power of Confirmation we must be in the state of grace

- **Who is the minister of Confirmation?**
 - The minister of Confirmation is the bishop or a priest the bishop chooses

Eucharist

- **What is the Eucharist?**

The Eucharist is the real presence of Jesus; His Body, Blood, Soul and Divinity made present in the bread and wine offered by the priest at Mass.

- **Who is the minister for the celebration of the Eucharist?**
 - a Catholic Bishop or priest who acts in the Person of Christ and in the name of the Church

- **What are the essential elements for celebrating the Eucharist**
 - Wheat bread
 - Grape wine

- **How is Christ present in the Eucharist?**
 - in a true, real and substantial way

- with his Body and his Blood, Soul and Divinity
- whole and entire
- God and Man

- **What is required to receive Holy Communion?**
 - be a Catholic who is in the state of grace
 - we cannot be conscious of being in the state of mortal sin
 - we must fast for one hour before receiving (only water)

- **What are the fruits of Holy Communion?**
 - unites us more with Christ and his Church
 - keeps and renews the life of grace we received at Baptism and Confirmation
 - makes us grow in love for our neighbor
 - wipes away venial sins
 - protects us from mortal sin in the future.

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