



**St. Thomas the Apostle Catholic Church**  
**Sacrament Exam**  
**Confirmation and Eucharist**

**Confirmation**

- **Why is this sacrament called Confirmation?**
  - Confirmation strengthens and completes the graces we received at baptism.
  
- **What is the essential rite of Confirmation?**
  - The minister uses his hand to anoint with Sacred Chrism and says, "Be sealed with the Gift of the Holy Spirit."
  
- **What are the effects of Confirmation?**

Confirmation brings an increase and deepening of baptismal grace:

  - makes an indelible mark on our soul
  - roots us more deeply in God's family
  - binds us more firmly to Christ and to the Church
  - increases the gifts of the Holy Spirit in our soul
  - gives us special strength to witness to the Christian faith
  
- **Who can receive this sacrament?**
  - Only those who are baptized can and should receive this sacrament.
  - To receive the full power of Confirmation we must be in the state of grace
  
- **Who is the minister of Confirmation?**
  - The minister of Confirmation is the bishop or a priest the bishop chooses

**Eucharist**

- **What is the Eucharist?**

The Eucharist is the real presence of Jesus; His Body, Blood, Soul and Divinity made present in the bread and wine offered by the priest at Mass.
  
- **Who is the minister for the celebration of the Eucharist?**
  - a Catholic Bishop or priest who acts in the Person of Christ and in the name of the Church
  
- **What are the essential elements for celebrating the Eucharist**
  - Wheat bread
  - Grape wine
  
- **How is Christ present in the Eucharist?**
  - in a true, real and substantial way

- with his Body and his Blood, Soul and Divinity
- whole and entire
- God and Man
  
- **What is required to receive Holy Communion?**
  - be a Catholic who is in the state of grace
  - we cannot be conscious of being in the state of mortal sin
  - we must fast for one hour before receiving (only water)
  
- **What are the fruits of Holy Communion?**
  - unites us more with Christ and his Church
  - keeps and renews the life of grace we received at Baptism and Confirmation
  - makes us grow in love for our neighbor
  - wipes away venial sins
  - protects us from mortal sin in the future.

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